



"We Do Care - We Do More"

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USER INSTRUCTIONS "400 SERIES" SIT – STAND OR STROLLER

REQUIREMENTS FOR SUCCESSFUL USE:

MJM MANUFACTURES SEVERAL STYLES OF AMBULATOR WALKERS.

ALL 400 SERIES WALKERS ARE RECOMMENDED TO ASSIST ANY PERSON WHO CAN INDEPENDENTLY WALK BUT NEED SOME ASSISTANCE.

- ✓ **RESIDENT MUST BE ABLE TO GET FROM A SIT TO A STAND POSITION AND INITIATE SELF-AMBULATION**
- ✓ **THE WALKER MUST BE SIZED TO FIT THE END USER (CUSTOM WORK IS WELCOMED)**
- ✓ **PATIENTS ON PSYCHOTROPIC MEDICATION ARE NOT RECOMMENDED TO BE USED IN CONJUNCTION WITH THE AMBULATOR WALKER**

IN-SERVICING THE WALKER:

- ✓ **PLACE THE WALKER NEAR (RIGHT ANGLE) THE PATIENT WHERE THE PERSON IS SITTING, FOR AN EASIER TRANSFER**
- ✓ **LOCK THE REAR CASTER BRAKES, LIFT, AND OPEN THE FRONT GATE & REMOVE THE SAFETY STRAP (STRAP WILL BE USED BETWEEN THE PATIENT'S LEGS)**
- ✓ **ASSIST THE PATIENT ONTO THE WALKER**
- ✓ **SECURE THE FRONT GATE (USE THE SAFETY BLACK STRAP), BLACK STRAP WILL PREVENT THE FRONT GATE FROM OPENING**
- ✓ **PLACE THE SAFETY STRAP IN PLACE (BETWEEN THE PATIENTS LEGS)**
- ✓ **ALLOW THE RESIDENTS TO ORIENTATE FOR A FEW MINUTES**
- ✓ **DISCUSS THE WALKER TO THE PATIENT (ALLOWING THEM TO BECOME ORIENTATED)**
- ✓ **RELEASE THE LOCKING REAR BRAKES AND GENTLY ASSIST THE RESIDENT TO A STANDING POSITION**
- ✓ **ASSIST THE PATIENT WITH THEIR INITIAL STEPS**
- ✓ **HAVE THE RESIDENT TAKE SOME STEPS, THEN ALLOW HIM / HER TO TAKE A BRAKE PERIOD (REST)**
- ✓ **THEN START AGAIN**