Medline Urinary Drainage Bag With Anti Reflux Tower FAQ’s

Q. When should I use a leg bag vs. a drain bag?
A. You can use a drain bag either during the night only or throughout the entire day and night. A leg bag can be worn during the day, but you will need to switch to a drain bag for overnight use. Does a leg bag require extension tubing? In most cases, you will find that a tubing extension is essential for comfort and proper placement of the leg bag. The leg bag can be positioned either on the thigh or on the calf. You can cut the extension tubing to the length that is best for you and then attaches to the leg bag.

Q. How do I know what size leg bag to choose?
A. Your leg bag size will depend on personal preference, how much fluid intake and output you have, and how often you can empty the bag. Some people prefer a smaller bag because it is more discreet; others prefer a larger bag because it has a larger capacity. Whichever leg bag you select, you should empty it when it gets about half full.

Q. Where should I position the leg bag?
A. Again, this will depend on your personal preference: Thigh – While placement on the thigh can provide more discretion, some people find the bag straps are more difficult to keep in place when the leg bag is on the thigh. Calf – Placement on the calf can be more secure, but it requires longer extension tubing, which can sometimes get in the way.

Q. Where should I position the drain bag for overnight use?
A. Place the bag below the bladder level, ensuring that it does not lie on the floor. Leave enough slack in the tubing to allow some freedom of movement so that the bag does not tug on the catheter.

Q. Do I always need to use a securement device?
A. Yes, either use an adhesive securement or a leg strap to secure the Foley catheter at all times. This helps improve your comfort and helps prevent UTI’s.