

Amoena Fitting Guide - Breast Forms

Amoena breast forms are designed for optimum comfort and performance. We understand, though, that with such a wide range to choose from, selecting the right one can be a bit overwhelming!

To make it easier, we code the cup form and shape of our products with a number and letter system that's similar to those used for clothing such as jeans and bras. There are three easy steps to choosing the correct product:

1. Cup Fullness

First select the cup fullness you require. Is your remaining breast:

1. Shallow?
2. Average?
3. full?



2. Shape

Then select the shape symmetrical (s), asymmetrical (a), extra (e), or universal (u). Generally a symmetrical shape is best following a standard mastectomy and an asymmetrical breast form is best if you have had lymph nodes or tissue removed from under your arm.



3. Breast Form Conversion Chart

To determine the size of breast form required, find your bra size on the conversion chart.

Example: 34B will require a size 4 breast form.

Band (inches)	Cup						
	AA	A	B	C	D	DD	E
30	0	1	2	3	4	5	6
32	1	2	3	4	5	6	7
34	2	3	4	5	6	7	8
36	3	4	5	6	7	8	9
38	4	5	6	7	8	9	10
40	5	6	7	8	9	10	11
42	6	7	8	9	10	11	12
44	7	8	9	10	11	12	13
46	8	9	10	11	12	13	14
48	9	10	11	12	13	14	15
50	10	11	12	13	14	15	16
52	11	12	13	14	15	16	17

Putting it all together

Now you have all the information you need to order the correct breast form. In the example opposite we have chosen a Contact breast form in a shallow cup and symmetrical fitting, bra size 34B which converts to a size 4.

