

# 3M™ Tegaderm™ Hydrocolloid Dressing - Sacral Design

## Description

3M™ Tegaderm™ Hydrocolloid Dressing is a sterile wound dressing which consists of a hypoallergenic, hydrocolloid adhesive with an outer clear adhesive cover film. This film is moisture vapor permeable, waterproof, and impermeable to liquids, bacteria, and viruses\*. This product is not designed, sold or intended for use except as indicated.

\**In vitro* testing shows that the transparent film provides a viral barrier from viruses 27 nm in diameter or larger while the dressing remains intact without leakage.

Over the wound site, Tegaderm™ Hydrocolloid Dressings interact with wound fluid to create a soft, semi-transparent, absorbent mass. The dressings maintain a moist wound environment, which has been shown to enhance wound healing.

## Indications for Use

3M™ Tegaderm™ Hydrocolloid Dressing for sacral applications is indicated for partial and full thickness dermal ulcers, superficial wounds, abrasions, first and second degree burns, and donor sites. It is very useful in body areas that are problems for dressing shape and conformance. Examples of such areas are breasts, and the sacral area of the buttocks.

## Contraindications

None known.

## Warnings

None known.

## Precautions

1. Treatment of any skin ulcer should be part of a well-defined plan for ulcer management and under the supervision of a health care professional.
2. When using 3M™ Tegaderm™ Hydrocolloid Dressing, the wound initially appears larger in size and depth as unnecessary tissue is cleaned away. This increase should be accompanied by an improved appearance of the wound. If the wound gets larger after the first few dressing changes, see a health care professional.
3. Observe the wound for signs of infection. If infection occurs, signs of which may be fever, increased pain, redness, bleeding, swelling, or an unusual odor or discharge, see a health care professional. 3M™ Tegaderm™ Hydrocolloid Dressing may be used on infected wounds only under the care of a health care professional.
4. Rarely, irritation (reddening, inflammation), maceration (whitening of the skin) or hypergranulation (excessive tissue formation) may develop in some wounds under hydrocolloid dressings. Should these occur, consult a health care professional.
5. If the wound does not begin to show signs of healing or if any other unexpected symptoms occur, consult a health care professional.

## Directions for Use

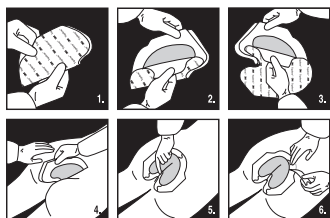
### Before Using the Dressing:

1. Clip excess hair for patient comfort.
2. Clean the skin and the wound thoroughly.
3. Allow the skin to dry before applying the dressing.
4. If the periwound skin is fragile or exposure to drainage is likely, apply 3M™ Cavilon™ No Sting Barrier Film to the periwound skin.

### Applying the Dressing:

1. Before removing the printed liner, fold the dressing in half (Figure 1).
2. Hold the tabs together. Remove the printed liner on one side of the dressing until the adhesive (bottom) is exposed (Figure 2).
3. Continue to remove the printed liner from the other side until the adhesive surface is completely exposed (Figure 3).
4. While still holding both tabs, position the dressing over the wound, tilting the dressing toward the anal area (Figure 4). Spread the buttocks to get better placement. Secure the dressing notch in the anal region first. This will minimize chances of incontinence contamination or wrinkling.
5. Gently press the adhesive side of the dressing down from the center outward. Avoid stretching the dressing or the skin (Figure 5).
6. Remove the dressing frame, starting at the top and pulling down (Figure 6). Do not lift the film edge. Reinforce and smooth the dressing from the center outward. Repeat until all sections of the frame are removed.

*Note:* The dressing should be changed if it is leaking, falling off, or has been on the wound for seven days.



### Removing the Dressing:

1. Carefully lift the dressing edges from the skin. If there is difficulty lifting the dressing, apply tape to the edge of the dressing and use the tape to lift.
2. Continue lifting the edges until all are free from the skin surface.
3. Remove the dressing slowly, folding it over itself. Pull carefully in the direction of hair growth.

*Note:* It is not unusual for wounds to have an odor. This may be noticed when the dressing is removed or when leakage occurs. The odor should disappear after the wound is cleaned.

## Storage and Shelf Life

For best results, store at room temperature. Avoid excessive heat and humidity. For shelf life, refer to the expiration date which is printed on each package.

## How Supplied

Individually packaged for single use only. Do not use if package is damaged or open.


If you have any questions or comments, in the USA please contact the 3M Health Care Customer Helpline at 1-800-228-3957.

In Canada, contact 3M Canada, Inc., P.O. Box 5757, London, Ontario, N6A 4T1, 1-800-268-9696.

Outside of the United States, contact your local 3M subsidiary.

## Explanation of Symbols

 Do not use if package is damaged or open

 This product and package do not contain natural rubber latex

### 3M Health Care

St. Paul, MN 55144-1000  
(U.S.A.) 1-800-228-3957  
[www.3M.com/Tegaderm](http://www.3M.com/Tegaderm)

© 2011, 3M. All rights reserved.  
3M, Cavilon and Tegaderm are trademarks of 3M.

**CE** 0086

**EC REP** 3M Health Care  
D-41453 Neuss, Germany

Issue Date: 2010-11  
34-8706-6801-8