

Parabath®

Paraffin Heat Therapy



OWNER'S GUIDE

⚠ ATTENTION: READ ALL INSTRUCTIONS BEFORE USING
Keep manual in safe location for future reference.


 **ATTENTION:** READ OWNER'S GUIDE
BEFORE OPERATING UNIT

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IMPORTANT SAFETY INFORMATION TO BE READ BEFORE USING

INDICATIONS

The Parabath Unit is used to relieve pain associated with arthritis and chronic joint inflammation for the hands, feet and elbows. It may also be used to soften dry, cracked skin.

CONTRA-INDICATIONS

Do not use the Parabath Unit:

1. When open cuts or broken skin are present.
2. In the presence of inflamed or irritated skin conditions.
3. When peripheral vascular disease or impaired circulation are present.
4. If sensation of the hand or foot is reduced or absent.

PARTS OF PARABATH UNIT

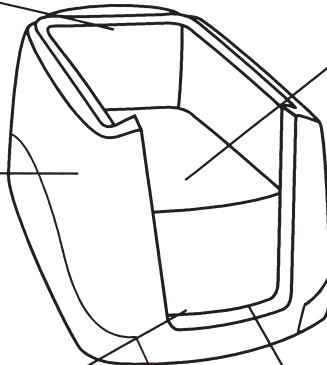
*Convenient, recessed
carrying handles*

Paraffin

*Tough insulated
ABS housing*

*Deep, even heating,
easy-to-clean stainless
steel tank*

*Flat, broad heating elements and
precise thermostats - UL listed*



WARNINGS

READ ALL INSTRUCTIONS BEFORE USING. KEEP AWAY FROM WATER. KEEP AWAY FROM CHILDREN.

DANGER: EXPLOSIVE HAZARD. EQUIPMENT NOT SUITABLE FOR USE IN THE PRESENCE OF A FLAMMABLE ANESTHETIC MIXTURE WITH AIR OR WITH OXYGEN OR NITROUS OXIDE.

Do not operate this unit when tank is empty or contains substance other than Parabath Paraffin. Failure to keep sufficient paraffin in tank may result in temperature variation and premature failure of the unit.

After Parabath Unit is plugged in, wait at least 5 hours before initial use. Higher melt temperatures exist during initial heat cycle, which could result in skin irritation or burns.

Do not use while bathing. Place and store Parabath Unit in a level secure location to prevent unit from falling or being pulled into a filled tub or sink. Do not submerge unit in water or other liquid. **If unit falls into water, unplug immediately; do not reach into the water.**

WARNING: To reduce the risk of burns, electrocution, fire or injury to persons:

Use this appliance only for its intended use as described in the Parabath Owner's Manual. The use of attachments, not recommended by the manufacturer, may cause hazards.

Use unit only with a verified 3-prong outlet that has been grounded to reduce risk of electric shock.

Do not leave appliance unattended while operating or plugged in. Always unplug the Parabath Unit immediately after final use and allow to cool thoroughly prior to handling, cleaning, or storing.

Never operate unit if the cord or plug are damaged, is not working properly, has been dropped in water or damaged in any manner. Keep the cord away from hot or heated surfaces.

Parabath Unit is designed to be used with Parabath Paraffin. Using other paraffin could result in potential injury.

CAUTION:

Test temperature of paraffin prior to use on a small area of hand to assure paraffin is at usable temperature (126°-134°F / 52°-57°C).

A physician should be consulted prior to use if client has any of the following conditions: sensitive skin, susceptible to allergic reactions, has circulatory problems or other potentially complicating risk factors.

Do not overfill unit or operate unit with paraffin below the fill line shown on tank. When adding paraffin, take caution to avoid splashing.

INSTRUCTIONS FOR USE

INITIAL PREPARATION

- Unpack the Parabath Unit and place it on a sturdy, level surface.
- Remove the packaging materials from the Parabath Universal Paraffin, then stack all 6 bars inside the tank maximizing contact with the bottom of the tank.
- Plug in the electrical cord. The amber power light on the unit indicates the unit is operating. Do not use the unit for at least 5 hours after it is first plugged in.
- Place the lid on the unit to cover the melting tank and wait a minimum of 5 hours before using. The usable operating temperature is from 126°-134°F/52°-57°C.



Parabath Universal Paraffin can be used with the Parabath Unit and other paraffin units.

TREATMENT STEPS

1. Using an anti-bacterial soap, wash the area to be treated and then dry thoroughly.
2. Test the temperature of the melted paraffin by thermometer (126°-134°F/52°-57°C), or test a small portion of the skin to make sure the paraffin is not too hot for usage.
3. Briefly **dip** a small portion of the hand, foot or elbow into the paraffin and **immediately** remove. Continue **dipping** the entire hand, foot or elbow to completely coat with warm paraffin, then remove **immediately**. Repeat the dipping procedure 5-10 times to assure a complete coating of paraffin. The coated hand, foot or elbow may now be removed, or kept submerged for a longer period of heat therapy.

Note: If preferred, paraffin coating may be accomplished by dipping a soft brush in the paraffin and applying consecutive brush strokes to the desired area.

4. As an option after final paraffin coating, place the coated hand, foot or elbow in a Parabath liner or plastic bag and cover with Parabath Mitt or Bootie, or wrap it with a towel to retain heat for up to 30 minutes. If the heat becomes too intense, remove the towel and strip off the paraffin immediately.
5. At the conclusion of treatment, remove towel and plastic bag (if used), then strip off the paraffin. Due to the tendency of the wax to accumulate residue from the hands, it is recommended that the used wax be discarded.
6. Place the lid back on the unit, and leave the unit plugged in, ready for the next use.
7. Add additional paraffin to the tank when the level of paraffin falls below the fill line shown on the tank (approximately 3 inches from the bottom of the tank). The unit should be filled with paraffin to a point midway between the fill lines shown on the inside of the metal tank.

CLEANING AND REFILLING

The Parabath Unit should be cleaned when significant discoloration or yellowing of the paraffin is noticed or when excessive sediment is observed in the tank. **Do not attempt to clean and refill the unit while it is still plugged in.**

PROCEDURE TO EMPTY AND CLEAN THE TANK

1. Unplug the unit.
2. Empty the paraffin tank by the following method:
 - While in liquid form, lay the cover crosswise on the tank and place a length of rope with knots on each end into the paraffin (Fig. 1), draping over the cover.
 - Allow the paraffin to cool and solidify, requiring approximately 24 hours.
 - Plug the unit in just long enough for the paraffin to loosen in the tank.
 - Unplug the unit and pull out the rope with paraffin attached in block form (Fig. 2).
3. Clean the tank.

Do not use water to clean the unit. Never expose unit to water or submerge unit in water.

- Use paper towels and a mild, non-abrasive, non-chlorine based household cleanser to remove remaining paraffin residue.
4. Refill the tank with Parabath Universal Paraffin Refills following initial use instructions.



Figure 1

NOTE: Use of an abrasive or chlorine-based cleanser could damage the stainless steel surface of the tank.

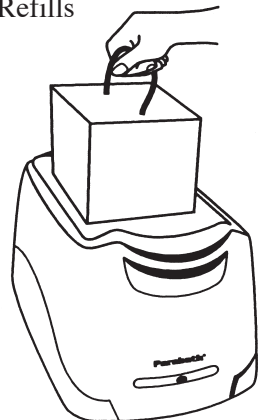


Figure 2

TROUBLESHOOTING GUIDE

| IF YOU NOTICE | THE LIKELY CAUSE | WHAT TO DO |
|---|---|---|
| Paraffin hardening in the tank. | Frequent use has depleted the oil component of the paraffin. | Replace the paraffin. |
| | Paraffin in use has a higher melting temperature than Parabath Paraffin. | Replace the paraffin, using Parabath Paraffin Refills. |
| | Thermostat is not functioning correctly. | Contact the Parabath Product Dealer the unit was purchased from or The Hygenic Corporation to arrange for repair. |
| Paraffin has discolored. | Normal use over time. | Replace the paraffin. |
| Sediment in the tank. | Normal use over time. | Replace the paraffin. |
| Less than 3 inches of paraffin in the tank. | Normal depletion of paraffin, particularly in multi-person use. | Add additional paraffin sufficient to raise the level of paraffin to recommended levels. |
| Operating light is out. | Plug is loose or damaged. | Reconnect the plug. If damaged, seek qualified repair assistance. |
| | Light is burned out. | Contact the Parabath Product Dealer the unit was purchased from or The Hygenic Corporation to arrange for repair. |
| Paraffin takes longer than normal to melt. | Wax was frozen during shipment. | Allow the unit to operate overnight before using. |
| | Unit was plugged in before it had completely cooled, preventing Quick Melt cycle from activating. | Allow the unit to operate overnight before using. |

PARABATH UNIT AND ACCESSORIES **PRODUCT AND ACCESSORIES LIST**

| PART NO. | DESCRIPTION |
|--------------------------------|---|
| <input type="checkbox"/> 24050 | Parabath Unit, 110-120V, includes 6 lb. of Paraffin |
| <input type="checkbox"/> 24130 | Paraffin Refill - Unscented, 6 lbs. |
| <input type="checkbox"/> 24131 | Paraffin Refill - Citrus Scent, 6 lbs. |
| <input type="checkbox"/> 24212 | High Stand |
| <input type="checkbox"/> 24220 | Mitts |
| <input type="checkbox"/> 24221 | Booties |
| <input type="checkbox"/> 24222 | Liners (100 pack) |
| <input type="checkbox"/> 24230 | Bottom Grill |
| <input type="checkbox"/> 24240 | Testing Thermometer |
| <input type="checkbox"/> 24250 | Replacement Lid |



WARRANTY

The Hygenic Corporation warrants the Parabath Unit to the original purchaser to be free from defects in material and workmanship under normal usage conditions for 5 years from the date of purchase. Purchaser's sole remedy in any instance is limited to the repair or replacement of the unit at warrantor's option.

The Hygenic Corporation shall not be responsible for any incidental or consequential damages arising out of the proper or improper use, prescription, or maintenance of this product, and in no event shall warrantor's liability for such damages be greater than the purchase price paid by the purchaser.

SERVICE OR WARRANTY REPAIR

Purchaser must obtain prior approval from The Hygenic Corporation to return the product for repair service. Contact the manufacturer at the return address or telephone number below to obtain service assistance and/or return authorization instructions.

The Hygenic Corporation

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