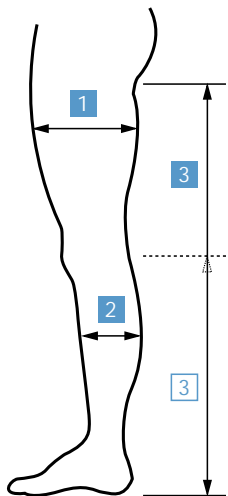




Anti-Embolism Stockings

PATIENT NAME

MEASURING INSTRUCTIONS



- 1** Measure thigh circumference at greatest point
- 2** Measure calf circumference at greatest point
- 3** Measure distance from buttock fold to heel
- 3** For knee length style measure distance from behind knee to heel

IMPORTANT – To ensure your patient gets the right levels of compression, it is essential to take accurate measurements. By following the measuring guide, you will be able to select the correct style and size of stocking.

PATIENT'S MEASUREMENTS

1 THIGH CIRCUMFERENCE cm

Under 63cm

Under 81cm

Above 81cm

THIGH LENGTH

THIGH LENGTH WITH BELT

KNEE LENGTH

2 CALF CIRCUMFERENCE cm

3 OR **3** LEG LENGTH cm

Refer to Chart on reverse for Stocking Size

STOCKING SIZE



Under 63cm

Calf circumference	Length	Code	Size	Colour Code	
				Toe	Top
less than 31cm SMALL	less than 74cm SHORT	3071	A	Yellow	Yellow
	74 to 84cm REGULAR	3130	B	Yellow	White
31cm to 38cm MEDIUM	84cm and more LONG	3222	C	Yellow	Blue
	less than 74cm SHORT	3310	D	White	Yellow
	74 to 84cm REGULAR	3416	E	White	White
	84cm and more LONG	3549	F	White	Blue
38cm to 45cm LARGE	less than 74cm SHORT	3634	G	Blue	Yellow
	74 to 84cm REGULAR	3728	H	Blue	White
	84cm and more LONG	3856	J	Blue	Blue

Under 81cm

Calf circumference	Length	Code	Size	Colour Code	
				Toe	Top
less than 25cm EXTRA SMALL	less than 71cm REGULAR	3306	-	Orange	White
	71cm and more LONG	3320	-	Orange	Blue
25cm to 31cm SMALL	less than 72cm REGULAR	3039	A+	Yellow	White
	72cm and more LONG	3364	B+	Yellow	Yellow
31cm to 38cm MEDIUM	less than 72cm REGULAR	3144	C+	White	White
	72cm and more LONG	3449	D+	White	Blue
38cm to 45cm LARGE	less than 74cm REGULAR	3221	E+	Blue	Blue
	74cm and more LONG	3523	F+	Blue	Blue
38cm to 45cm EXTRA LARGE	less than 72cm REGULAR	3922	G+	Green	White
	72cm and more LONG	3995	H+	Green	Green

Above 81cm

Calf circumference	Length	Code	Size	Colour Code	
				Toe	Top
less than 31cm SMALL	less than 41cm REGULAR	7071	A-	Yellow	White
	41cm and more EXTRA LONG	7339	B-	Yellow	Blue
31cm to 38cm MEDIUM	less than 43cm REGULAR	7115	C-	White	White
	43cm and more EXTRA LONG	7480	D-	White	Blue
38cm to 45cm LARGE	less than 46cm REGULAR	7203	E-	Blue	White
	46cm and more EXTRA LONG	7594	F-	Blue	Blue
45cm to 51cm EXTRA LARGE	less than 46cm REGULAR	7604	G-	Green	Green
	46cm and more EXTRA LONG	7802	H-	Green	Blue



Healthcare

KENDALL

Regional Export,
154 Fareham Road,
Gosport,
Hampshire,
PO13 0AS, UK.

Tel: +44 (0)1329 224451
Fax: +44 (0)1329 224086

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