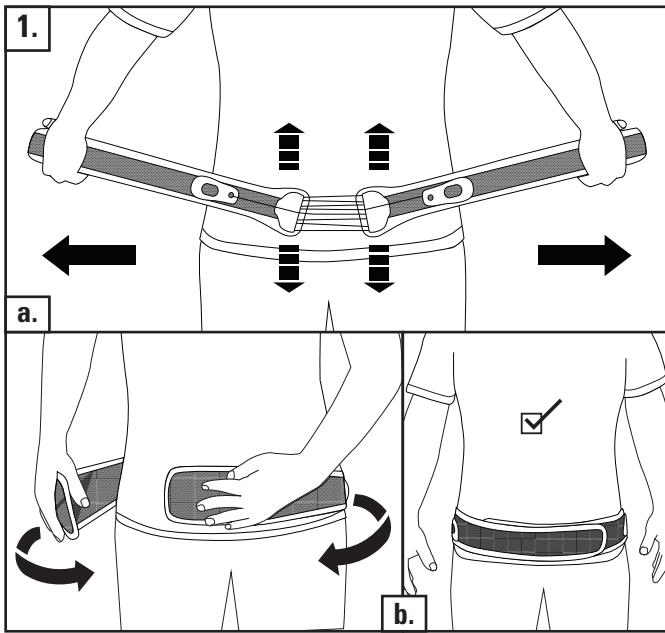


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**ENGLISH
PLACEMENT**

a. Position the brace approximately 1" above the widest part of the hips (SI Joint). Center the two back panels and position symmetrically on the back.

b. Overlap the ends of the brace and fasten by pressing down end to secure brace.

**ESPAÑOL
COLOCACIÓN**

a. Posicione la faja aproximadamente 2,5 cm (1 pulg.) por encima de la parte más ancha de la cadera (Articulación SI). Centre los dos paneles posteriores y posiciónelos simétricamente en la espalda.

b. Superponga los extremos de la faja y ajuste presionando hacia abajo para asegurarla.

**DEUTSCH
ANLEGEN**

a. Die Stützbandage ca. 2,5 cm (1") oberhalb der weitesten Stelle der Hüfte (am IS-Gelenk) anlegen. Die beiden Rückenteile müssen mittig und symmetrisch am Rücken anliegen.

b. Die Enden der Stützbandage übereinander legen und die Stützbandage durch Druck auf die Enden schließen.

**ITALIANO
POSIZIONAMENTO**

a. Posizionare il supporto circa 2,5 cm (1") sopra la parte più larga dei fianchi (articolazione sacroiliaca [SI]). Centrare i due pannelli posteriori e posizionare in modo simmetrico sulla schiena.

b. Sovrapporre le estremità del supporto e fissare comprimendo l'estremità per bloccare il supporto.

**FRANÇAIS
POSITIONNEMENT**

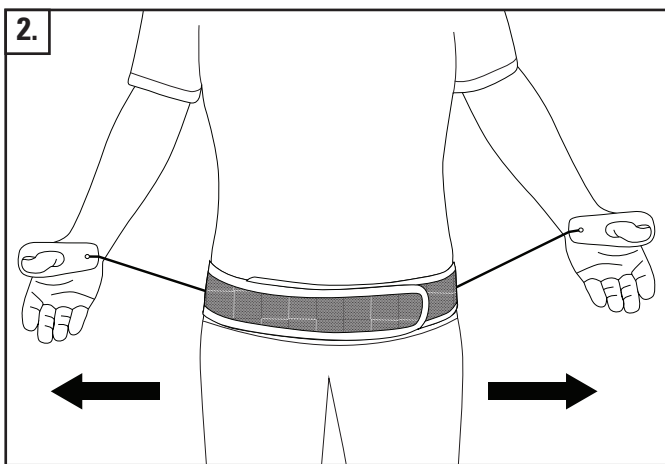
a. Placez la ceinture environ 2,5 cm (1") au-dessus de la partie la plus large des hanches (articulation sacro-iliaque). Centrez les deux panneaux dorsaux et positionnez-les symétriquement dans le dos.

b. Superposez les extrémités de la ceinture et exercez une pression pour les mettre en place.

**中文
放置**

a. 将护腰带垫于臀部最宽区域（骶髂关节）之上2.5厘米（1英寸）左右的位置。将背面的两块支撑板垫于腰的中央，并且保持左右对称。

b. 将护腰带两端重合相搭，按住下面的一端将护腰带系紧固定。



**ENGLISH
TIGHTEN**

To apply compression, grasp the pull tabs with the thumbs and forefingers.

**ESPAÑOL
AJUSTE**

Para aplicar compresión, tome las pestañas de ajuste con los pulgares y los índices.

**DEUTSCH
FESTZIEHEN**

Zum Straffen der Bandage die Ösen der beiden Zugleinen mit Daumen und Zeigefinger festhalten und ziehen.

**ITALIANO
TENSIONARE**

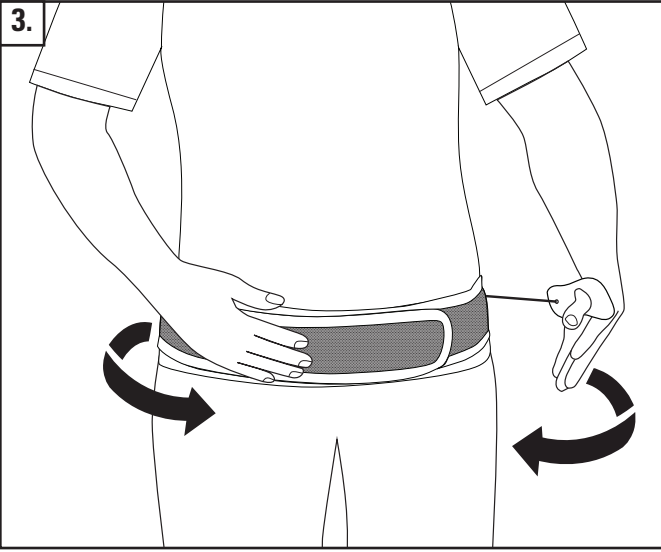
Per applicare compressione, afferrare le linguette di trazione con il pollice e l'indice.

**FRANÇAIS
SERRAGE**

Pour appliquer une compression, saisissez les tirants avec le pouce et l'index.

**中文
拉紧**

如需调整护腰带的松紧，用拇指和食指握住两端的拉环。



ENGLISH
ADJUST
After desired compression is achieved, fasten the pull tabs to the loop material on the side panels to secure.

ESPAÑOL
REGULACIÓN
Una vez lograda la compresión deseada, ajuste las pestañas de ajuste al material en los paneles laterales para asegurar.

DEUTSCH
JUSTIEREN
Wenn die Bandage fest genug anliegt, die Ösen der Zugleinen an das Klettmaterial der Seitenteile anheften.

ITALIANO
REGOLARE
Una volta ottenuto il livello di compressione desiderato, fissare le linguette di trazione al tessuto in velcro sui pannelli laterali per bloccare.

FRANÇAIS
RÉGLAGE
Une fois parvenu à la compression souhaitée, fixez les tirants aux attaches disposées sur les côtés.

中文
调整
当达到理想的松紧程度时，将拉环系到侧面支撑板的环扣上固定。

ENGLISH
SIZING CHART

Size ranges are only guidelines.

SMALL 25-41 in. (64-104 cm)
MEDIUM 35-50 in. (89-127 cm)
LARGE 45-60 in. (114-152 cm)

ESPAÑOL
TABLA DE TAMAÑOS

Las variaciones de tamaños son sólo una guía.

PEQUEÑO 25-41 in. (64-104 cm)
MEDIANO 35-50 in. (89-127 cm)
GRANDE 45-60 in. (114-152 cm)

DEUTSCH
GRÖSSENBESTIMMUNG

Die Größenbereiche dienen lediglich als Richtwerte.

SMALL 25-41 in. (64-104 cm)
MEDIUM 35-50 in. (89-127 cm)
LARGE 45-60 in. (114-152 cm)

ITALIANO
TABELLA DELLE MISURE

Le gamme delle misure hanno solo scopo indicativo.

PICCOLA 25-41 in. (64-104 cm)
MEDIA 35-50 in. (89-127 cm)
GRANDE 45-60 in. (114-152 cm)

FRANÇAIS
TABLEAU DES TAILLES

Les tailles sont données à titre indicatif.

SMALL 25-41 in. (64-104 cm)
MEDIUM 35-50 in. (89-127 cm)
LARGE 45-60 in. (114-152 cm)

中文
尺寸图

尺寸范围仅用作指南

小号 25-41 in. (64-104 cm)
中号 35-50 in. (89-127 cm)
大号 45-60 in. (114-152 cm)

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