



## 3M™ Coban™ LF Latex Free Self-Adherent Wrap with Hand Tear

Suggested Usage and Application-Removal Guide

Comfortable for patients and versatile in its application, Coban LF Wrap with Hand Tear is designed for:


- Securement of dressings and devices
- Immobilization and support
- Other uses that require a soft, dependable, adhesive-free, self-adherent hold



## Helping you deliver patient comfort and excellent care

Features and benefits for top performance

### Scissors-free application

- Tears quickly and cleanly by hand 
- Easy and convenient, especially for clinicians who apply securement wraps frequently
- Eliminates clinicians' need to carry scissors, reducing the risk of infection for patients

### Comfortable, with soft-to-the-touch feel

- Soft, breathable, lightweight and conformable
- Hypoallergenic, with low potential for skin irritation

### Self-adherent

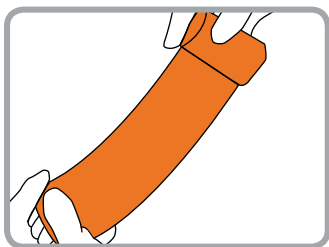
- Adheres only to itself; won't stick to skin, hair, clothes or drapes
- Does not require clips, pins or tape
- Gentle solution whenever adhesives are not desired, including applications involving fragile skin

### Reliable and versatile hold

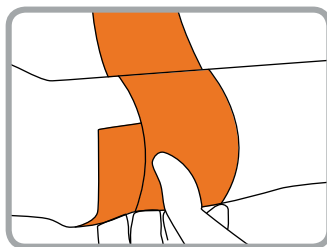
- Easily adjusted during application
- Maintains compression once stabilized during wear
- Stays in place; an excellent choice for active patients
- Matches the performance of 3M latex-containing self-adherent, adhesive-free wraps



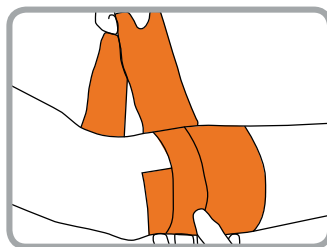
## Application and removal instructions for 3M™ Coban™ LF Latex Free Self-Adherent Wrap with Hand Tear



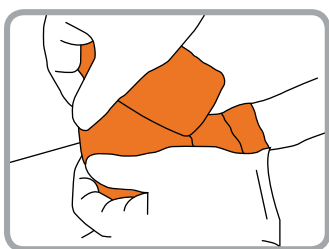
1. Unwind 12" or more of Coban LF Wrap with Hand Tear from the roll and allow the wrap to relax. Be sure to unwind a sufficient length before beginning the application.



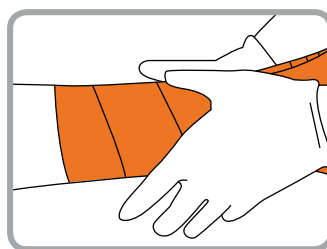
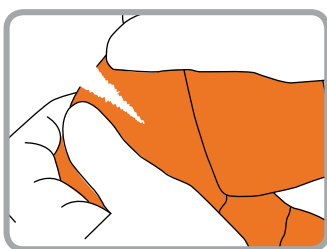
2. Without stretching, apply one full wrap and overlap. Lightly press the overlap into place to secure.



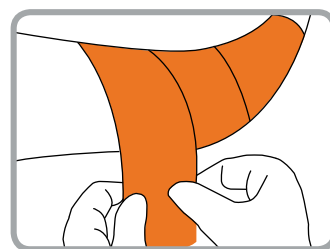
3. Continue wrapping, applying tension to the wrap to achieve the desired compression. Apply light pressure at the end of application to secure the wrap.



4. To facilitate tearing, unwrap an additional 1" if necessary. To tear, hold the top edge of the wrap with the thumb and index finger of each hand as indicated. Stretch the wrap at the top edge. Keeping the hand closest to the application steady, tear in a front-to-back motion with the other hand.

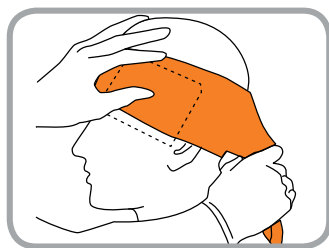


5. "Hug" the layers together to ensure that the wrap's windings cohere to one another.

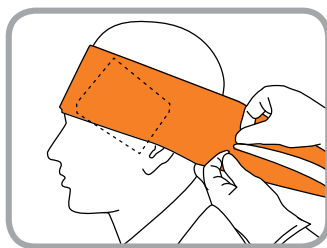


6. Remove by unwrapping or by cutting with bandage scissors.

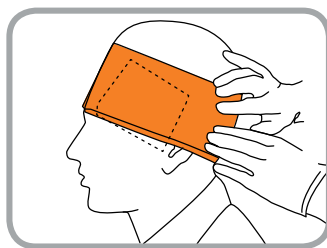
### Example application: Securing a dressing over a head contusion or laceration



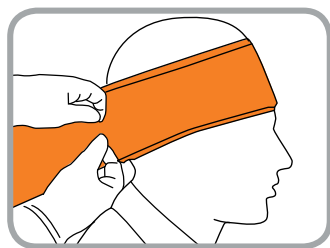
1. After placing a sterile dressing on the wound (and a cold pack, if necessary)\*, hold the end of the Coban LF Wrap with Hand Tear over the pack and unwind approximately 12". Let the wrap relax. Place the wrap without stretching.



2. Continue unwinding Coban LF Wrap with Hand Tear from the roll and complete two full wraps around the head. Tear the wrap from the roll according to the general application instructions.



3. With the last 2" of the wrap relaxed, press the end of the wrap firmly against the underlying wrap, "hugging" the layers together.



4. To remove, unwrap the wrap or use a bandage scissors to cut the wrap away at a point furthest from the wound.

\* Flexible 3M™ Cold/Hot Pack is a good choice.

To learn more about Coban LF Wrap with Hand Tear, contact your 3M Critical & Chronic Care Solutions representative, call the 3M Health Care Customer Helpline at **1-800-228-3957**, or visit **go.3M.com/CobanHTGuide**.



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